

# LITTLE *Heart* DAY ♥

## How to show your heart at work

- ♥ Gift Matching - Lots of workplaces support fundraising efforts by matching the donations their employees raise. Have a chat to your workplace to see if it's something they might get behind - a great way to double the funds raised!
- ♥ Use your intranet or noticeboard to get people involved and get them to help you.
- ♥ Send an email to your team asking them to support your event, email the whole office if you can.
- ♥ Raise it at a team meeting.
- ♥ If you have a company newsletter use that to tell your clients, customers and supporters what you are doing. They may even assist you with raffle prizes or donations!
- ♥ Use your organisation's Facebook page to publicise your event if you can.



Saphire-Rose, aged 9 – first open-heart surgery at three years old

**FEB  
14** | International  
Congenital  
Heart Defect Day

 **HeartKids**