## **BORN FIGHTERS: LIVING A FULL ACTIVE LIFE**

## Saturday 14<sup>th</sup> October

From 8:00		Conference Registration			
8:45		Welcome	Alex Wilson		
8:55		House Keeping			
9:00 – 9:45	Opening Presentation	The Power of Positivity Living positively with life's challenges	Cam Calkoen Keynote Speaker		
9:45 – 10:15	Session One	Paediatric Cardiology Service Developments Service development and resourcing	Dr Tom Gentles Paediatric Cardiologist		
10:15 - 10:45	Morning Tea				
10:45 – 11:00	Session Two	Heart Kids New Zealand Looking Forward	Rob Lutter Heart Kids CEO		
11:00 – 11:45	Session Three	Paediatric Cardiology Surgical  Developments  New techniques in theatre	Mrs Kirsten Finucane Paediatric Surgeon		
11:45 – 12:30	Session Four	The Early Years Last Forever: Whakamana i te tamaiti How do early experiences shape brain development	Norma Hayward Brainwave Trust Aotearoa		
12:30 – 1:30	Lunch				
1:30 - 2:15	Session Five Option 1	Diagnosis and Prognosis  Communicating medical information to patients  (parents, teens and adults)	<b>Dr Louise Webster</b> Child Psychiatrist  Starship Consult Liaison Team		
	Option 2	Inherited Heart Disease Why? How? - Challenges for families	Dr Luciana Marcondes Paediatric Electrophysiologist Claire O'Donovan Health Psychologist		
2:15 – 3:00	Session Six Option 1	Congenital Heart Disease Screening The value of Pulse Oximetry Screening	<b>Dr Elza Cloete</b> Neonatal Paediatrician		
	Option 2	Rheumatic Heart Disease Research Patient views and MOH plans	Dr Nigel Wilson Paediatric Cardiologist Alison Leversha & Hannah Burgess School of Population Health, UOA		
3:00 – 3:30	Afternoon Tea				
3:30 – 4:15	Session Seven Option 1	Neurodevelopmental Phenotype in Children with Complex CHD A journey into the subtleties of cognitive, social and emotional development	<b>Lisa da Rocha</b> Consultant Clinical Psychologist		
	Option 2	Play for all ages Preparation, distraction and coping strategies	Elroy Pinto Play Specialist		
4:15-5:00	Session Eight Option 1	The Clown Doctors NZ Charitable Trust Using Humour for Health	Jude Bishop The Clown Doctors NZ Charitable Trust		
	Option 2	The Heart Transplant Journey The heart transplant service & psycho-social implications for the patient and their carers	Iris Fontanilla & Helen Gibbs  NZ Heart/Lung Transplant Services  Dr Peter Ruygrok  Cardiologist		
6:15 – 7:15		Pre-dinner Networking			
7:15 – 12:00	Conference Dinner & Entertainment				

## Sunday 15<sup>th</sup> October

9:00 - 9:30	Opening Presentation	Surviving CHD	Mele Tau'ese
		Mele's story - coping strategies from a patient	CHD Adult

9:30 – 10:30	Session One	Raising Happy, Confident, Resilient Families  How do families cope and thrive in the context of  illness	John Cowan Creative producer/Presenter
10:30 - 11:00	Morning Tea		
11:00 – 11:30	Session Two Option 1	<b>Transition</b> The change from paediatrics to adult services	Stephanie Hlohovsky Clinical Nurse Specialist
	Option 2	<b>Living with a Fontan Circulation</b> An update from the ANZ Fontan Registry	Dr Tim Hornung ACHD Cardiologist
	Option 3	Heart Kids Branch Services Challenges for committees developing & maintaining an equitable service	Julie Neilsen HK Branch Coordinator
11:30 – 12:00	Session Three Option 1	Mother and Daughter Q & A  Living with CHD from the perspective of a mother and daughter	Julie & Jessamy Neilsen Mother and daughter
	Option 2	Ronald McDonald House Charities Its Operations, future plans and ongoing relationship with Heart Kids NZ	Anne Kirkpatrick National Director Mission Delivery at Ronald McDonald House
	Option 3	Self- Management on a Coagucheck Meter Benefits and challenges, re-fresher training	Janice Homan, Nikki Anderson Product Specialist, Roche Diagnostics, Nurse Specialist
12:00 – 12:30	Session Four Option 1	ASQ – Ages and Stages Questionnaire  A neuro-development journey	Ana Kennedy Nurse Practitioner
	Option 2	Liberalizing Exercise Restrictions and Safely Letting CHD Children Play Enabling an active life	<b>Dr. Kathryn Rice</b> Paediatric Cardiologist
	Option 3	Adults Living with CHD An opportunity to share your experience and expertise	<b>Diane Pope</b> <i>HK Senior Hospital FSW</i>
12:30 – 1:30	Lunch		
1:30 – 2:15	Session Five	Importance of Treatment Adherence  Mind over body	Vanessa Garcia ACHD Health Psychologist
2:15 – 2:45	Session Six	Health Professional Panel Forum Ward Manager/Dr/ Clinical Nurse Specialists Psychologists	Dawn Tucker, Dr Tom Gentles, Nikki Anderson, Stephanie Hlohovsky, Lisa Da Rocha, Vanessa Garcia
2:45 - 3:00	Closing	Final Words	Rob Lutter, CEO
3:00 – 3:30	Personal farewells		